

Wine Club Every Tuesday at '1 Bistro

Good Food, Good Friends, Good Times!



JULY 2010

Volume 3

Number 7

www.lbistro.com

Happy Birthday '1 Bistro!



'1 Bistro's Birthday Bash!

'1 Bistro is turning three years old! Come celebrate with us! Try our fabulous Top Ten Menu featured July 11th to July 17th to try all your favorite dishes from the past year. Join us on Thursday, July 15th at 6pm for a jazzin' Birthday Bash with live music by the Matt Strand Group, Patio Grilling and complimentary Birthday Cake!

Chef Eric's Spicy Mediterranean Burgers

Burger Ingredients

1lb finely ground beef
1lb finely ground lamb
½ yellow onion finely diced
2 Tbsp chopped fresh parsley
1 Tbsp chopped fresh cilantro
1 Tbsp extra-virgin olive oil

1 tsp finely chopped garlic
1 tsp dried oregano
1 tsp hot pepper sauce
½ tsp ground cinnamon
½ tsp ground cumin
Salt & fresh ground black pepper

Serving Ingredients

8 burger buns
8 shallots peeled, sliced
Chopped parsley
4 tomatoes thinly sliced
Fresh cilantro leaves
2/3 C plain Greek yogurt

Directions: Preheat the barbecue grill. Place all **Burger Ingredients** in a large bowl, blend the mixture with your hands and take care to not over work it. Form the burger mixture into eight, one inch burger patties. Grill burgers for about 5 minutes on each side for rare, or to your tasting. Place burgers on buns and layer **Serving Ingredients**.

What's On July 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Jazz Night <i>Canada Day</i>	2	3
4 <i>Independence Day</i>	5	6 Wine Club	7	8 Jazz Night	9	10
11	12	13 Wine Club	14	15 Birthday Bash	16	17
Top Ten Menu - July 11th—17th						
18	19	20 Wine Club	21	22 Jazz Night	23	24 Blues on the Red
25	26	27 Wine Club	28	29 Jazz Night	30	31

Upcoming

Saturday, July 17
Art & Wine Walk
Downtown Grand Forks
\$10 per person

Saturday, July 24
Blues on the Red
Downtown Grand Forks
A night of blues music with food provided by Canad Inns

For '1 Bistro Reservations call 701-792-1924

Wine Club

Every Tuesday at '1 Bistro
This Month...

6th: **CottonWood Creek** White, California and **Santa Julia** Malbec, Argentina (Both organic wine!)

13th: **Ruffino Lumina** Pinot Grigio and Aziano, Italy

20th: **Monkey Bay** Chardonnay, New Zealand and **Leese Fitch** Pinot Noir, California

27th: **Cellar 8** Pinot Grigio and Zinfandel, California

'1 Bistro Bitz

Did you know...

A half wine bottle contains 50% less wine but similar air space as a standard bottle, so the wine is exposed to twice as much oxygen. For better aging, investors want to minimize the wine's exposure to oxygen, thus prefer standard bottles.



'1 BISTRO * BIZ

THIS MONTH

1/2 Pizza Night

Every Thursday!

Wine Club

Every Tuesday
5:30-7:30pm
Wine Samples
& Hors D'oeuvres

'1 Bistro's Birthday Bash

Thurs., July 15th
6:00—9:00 PM

Top Ten Menu
Patio Grilling
Free Birthday Cake
Live music with the Matt Strand Group

